



West Ridge Fire Department

3142 WEST 26TH ST • ERIE, PENNSYLVANIA 16506-9990
PHONE 814/833-4440

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Staff Shift Beginning Check List *EMPLOYEE HEALTH ASSESSMENT*

Date :
Employee : Shift :
Temp : Feeling ILL :
Recent Travel to COVID-19 Hot Spot? :
New Onset of cough :
New Onset of shortness of breath :
Employee eSignature : Station Working:
Individual performing exam:
Supervisor Name :

Have you been in contact with someone who is self-quarantined, is presumptive positive, or who has been confirmed COVID-19 positive within the past 24 hours

1. Remember, to regularly wash your hands. COVID-19 is lipid based and is broken down by soap and water. Cover any coughs or sneezes with your elbow, do not use your hands.
2. Clean surfaces regularly. This includes counter tops, writing surfaces, light switches, cell phones, door handles, and any other frequently touches surfaces.
3. CONTAIN—If you are sick, stay home until you are feeling better.